



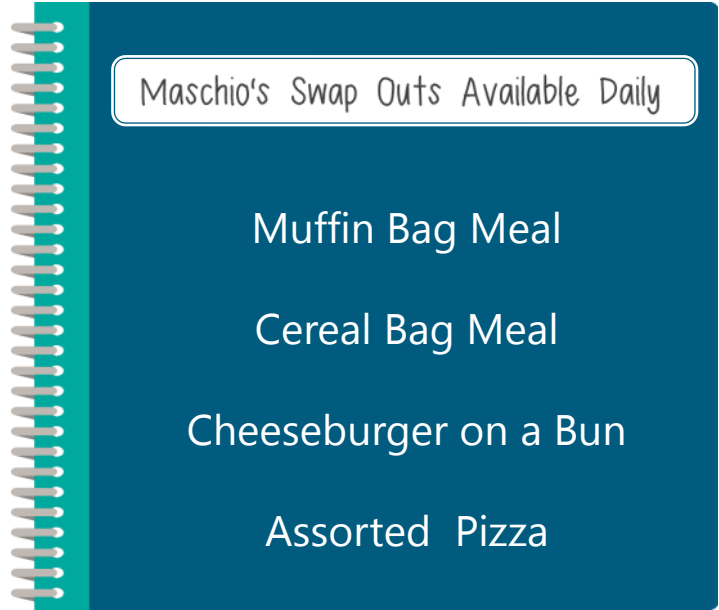
Conley School

June 2018 Lunch Menu

NUTRITION NEWS: Did you know June is National Dairy Month? Dairy is important because it contains nine essential nutrients, including vitamin D and calcium. Try to get three servings of dairy per day to get the nutrients you need to build strong bones! Incorporate dairy into your diet by creating a delicious Greek yogurt dip or sprinkle some low-fat cheese on top of your spinach salad. We've got you covered at lunch as your meal always comes with a milk option.

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch	\$2.90
Reduced Lunch	\$0.40
Adult Lunch	\$3.50




Maschio's Swap Outs Available Daily


- Muffin Bag Meal
- Cereal Bag Meal
- Cheeseburger on a Bun
- Assorted Pizza

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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Rosata's Pizza Freshly Prepared Garden Salad Fresh or Chilled Fruit
4 Chicken Tenders Dinner Roll Steamed Vegetables Fresh or Chilled Fruit	5 Hamburger or Cheeseburger on a Bun Sweet Potato Fries Fresh or Chilled Fruit	6 Mini Corn Dog Nuggets Emoji Fries Fresh or Chilled Fruit	7 Rosata's Pizza Fresh Garden Salad Fresh or Chilled Fruit	8 Early Dismissal No Lunch Served
11 Early Dismissal No Lunch Served LAST DAY OF SCHOOL	12	13	14	15
18	19	20	21	
25	26	27	28	29

enjoy your
Summer Vacation! 

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Payments to Students accounts may be made by sending a check payable to Bethlehem Twp BOE to the cafeteria or online at PAYFORIT.NET

Questions or Concerns? Please visit www.MaschioFood.com Or Call Maschio's Food Services at: (908)537-4044

Please note: not all foods offered are allergen free. Please contact Maschio's Dietitians at 973-598-0005 for any allergy concerns.

MENU SUBJECT TO CHANGE



Maschio's Food Services, Inc.

"This institution is an equal opportunity provider"