



# Conley School

May 2018  
Lunch Menu

**NUTRITION NEWS:** May is here which means it is officially National BBQ Month and time to grill outside in the warm weather! Try something different this season by grilling more than just some burgers and hot dogs. Consider grilling seasoned whole ears of corn and skewered vegetables kabobs for a fun family side dish. Also don't be afraid to grill summer market fruits like peaches, strawberries, and apples for a sweet treat!

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch	\$2.90
Reduced Lunch	\$0.40
Adult Lunch	\$3.50

Maschio's Swap Outs Available Daily

Muffin Bag Meal

Cereal Bag Meal

Cheeseburger on a Bun

Assorted Pizza

Monday	Tuesday	Wednesday	Thursday	Friday
 <b>1</b> <b>Hamburger or Cheeseburger on a Bun</b> Confetti Fries Fresh or Chilled Fruit  <div style="text-align: center; color: white; font-weight: bold;">National Hamburger Month</div>	<b>2</b> <b>Breakfast for Lunch</b> <b>Waffles</b> Breakfast Sausages Tater Tots Fresh or Chilled Fruit	<b>3</b> <div style="text-align: center; color: white; font-weight: bold;">CINCO DE MAYO Celebration</div> <b>Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato &amp; Salsa</b> Steamed Rice Corn Fresh or Chilled Fruit	<div style="text-align: center; color: white; font-weight: bold;">STAR WARS DAY</div> <b>Rosata's Pizza</b> Chewbacca Cucumber Coins Fresh or Chilled Fruit  <div style="text-align: center; color: white; font-weight: bold;">School Lunch Hero Day</div>	
<b>7</b> <b>Chicken Nuggets</b> Dinner Roll Vegetable Medley Fresh or Chilled Fruit	<b>8</b> <b>Pasta Alfredo with Garden Vegetables</b> Garlic Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	<b>9</b> <b>Meatball Parm Sub</b> Peas and Carrots Fresh or Chilled Fruit	<b>10</b> <b>Breakfast for Lunch</b> <b>Pancakes</b> Breakfast Ham Hash Browns Fresh or Chilled Fruit	<b>11</b> <b>Rosata's Pizza</b> Freshly Prepared Cucumber and Tomato Salad Fresh or Chilled Fruit
<b>14</b> <div style="text-align: center; color: white; font-weight: bold;">Meatless Monday</div> <b>Grilled Cheese Sandwich</b> Freshly Prepared Country Slaw Fresh or Chilled Fruit	<b>15</b> <b>French Toast Sticks</b> Breakfast Sausage Hash Browns Fresh or Chilled Fruit	<div style="text-align: center; color: white; font-weight: bold;">Lucky Tray Day</div> <b>16</b> <b>Chicken Sticks with Waffle Sticks</b> Maple Cinnamon Sweet Potato Tots Fresh or Chilled Fruit	<b>17</b> <b>Rosata's Pizza</b> Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	<b>18</b> <div style="text-align: center; color: white; font-weight: bold;">EARLY DISMISSAL NO LUNCH</div>
Vegetarian Awareness Week				
<b>21</b> <b>Chicken Tenders</b> Dinner Roll Seasoned Potato Wedges Fresh or Chilled Fruit	<b>22</b> <b>Corn Dog Nuggets</b> Vegetable Pasta Salad Mixed Vegetable Fresh or Chilled Fruit	<b>23</b> <b>Creamy Mac &amp; Cheese</b> Soft Pretzel Stick Steamed Broccoli Fresh or Chilled Fruit	<b>24</b> <b>Rosata's Pizza</b> Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	<b>25</b> <div style="text-align: center; color: white; font-weight: bold;">EARLY DISMISSAL NO LUNCH</div>
<b>28</b> <div style="text-align: center; color: white; font-weight: bold;">Memorial Day</div> <div style="text-align: center; color: white; font-weight: bold;">School Closed</div>	<b>29</b> <b>Pizza Crunchers</b> Garlic Bread Stick Garden Salad Fresh or Chilled Fruit	<b>30</b> <b>Crispy Chicken Sandwich</b> Oven Baked Fries Fresh or Chilled Fruit	<b>31</b> <b>Bacon Cheeseburger on a Bun</b> Macaroni Salad Veggie Dippers Fresh or Chilled Fruit	

Connect with us!



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Payments to Students accounts may be made by sending a check payable to Bethlehem Twp BOE to the cafeteria or online at PAYFORIT.NET

Questions or Concerns? Please visit [www.MaschioFood.com](http://www.MaschioFood.com) Or Call Maschio's Food Services at: (908)537-4044

Please note: not all foods offered are allergen free. Please contact Maschio's Dietitians at 973-598-0005 for any allergy concerns.

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"