

Best Year Ever!!!

Greg Farley
Ethel Hoppock Middle Schools

Ethel Hoppock Back to School Night - 9-10-19

- Welcome
- — — ● PTA Leadership
 - Meg Lissner
 - Bonnie Mulhern
- Our evening together
- No Lunch (Period 5)
- Dismissal to classes
- Please visit:
 - Mrs. Jeter
 - Nurse Arancio
 - Dr. Dietz
 - Mrs. Swenson
 - Miss Ayote
 - Mrs. Poltrack's STEAM class
in her Science Room



Our Mission

The mission of the Bethlehem Township School District is to provide each student a comprehensive education in a safe, supportive environment that promotes social and emotional learning, self-discipline, and motivation to achieve their potential. The Bethlehem Township School District partners with parents and the community to assist our students in developing skills to become independent and self-sufficient adults who will succeed and contribute responsibly in a global community.

Literacy

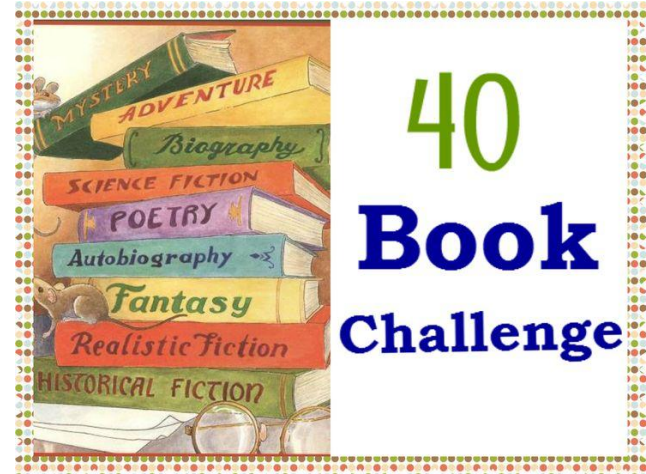
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- School Wide Reading (same novel)
- Principal's Book Club - *Lunch time discussions*
- 40 Book Challenge
- New titles in the Library
- See Mrs. Swenson!

The 40 Book Challenge!

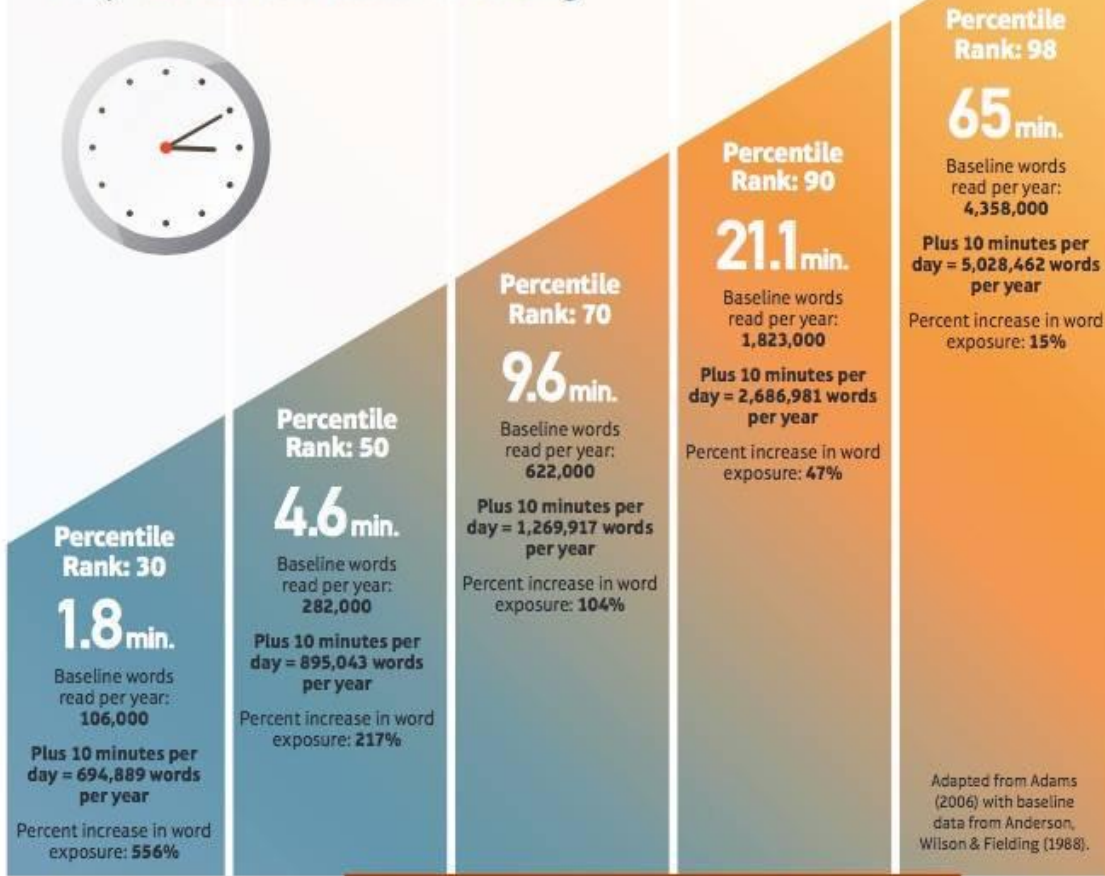
Dr. Farley wants you to read 40 (yes forty) books over the course of the 2019-2020 school year!

Read them all and get your picture with your books on the Wall of Fame!



Why?

A look at what happens when only 10 minutes a day is added to a student's reading



Adapted from Adams (2006) with baseline data from Anderson, Wilson & Fielding (1988).

CHART 1

From *Disrupting Thinking* by Beers & Probst, p. 137

Additional information

- Shared Services
- Academic Rigor
- Homework Club
- Genesis
- Sports and Activities
- Field Trips
- Parent Nights

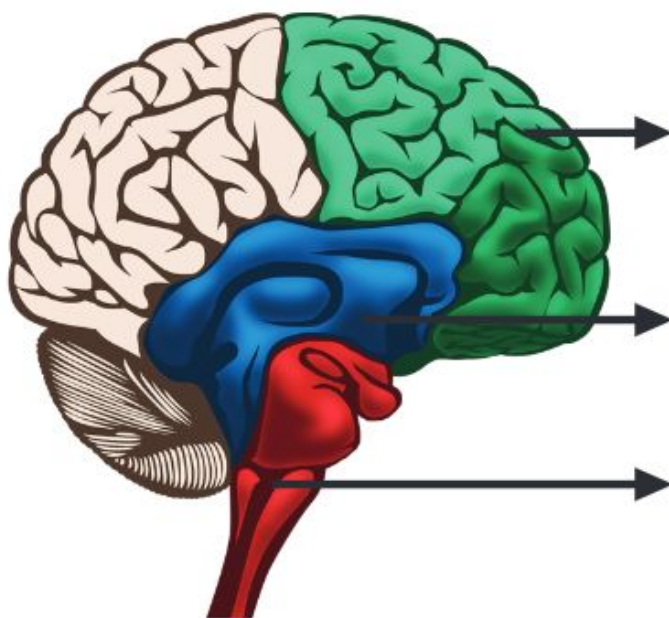


Social-Emotional Learning

- Start with Hello
- Building Relationships
- Kindness
- Conscious Discipline



Conscious Discipline® Brain State Model



Executive State

Need: Problem solving opportunities

Looks like: Wisdom, unlimited skills

Message: What can I learn?

Emotional State

Need: Connection

Looks like: Back talk, sass, yelling, verbal reactions

Message: Am I loved/connected?

Survival State

Need: Safety

Looks like: Hiding, fighting, surrender, physical reactions

Message: Am I safe?

The Conscious Discipline Brain State Model helps us understand how the brain works in relation to discipline. An upset adult is always a threat to children's sense of safety. We must actively calm ourselves if we are to help children calm themselves. Taking three deep breaths helps us calm down by shutting off the stress response in the body.

Enjoy the night!